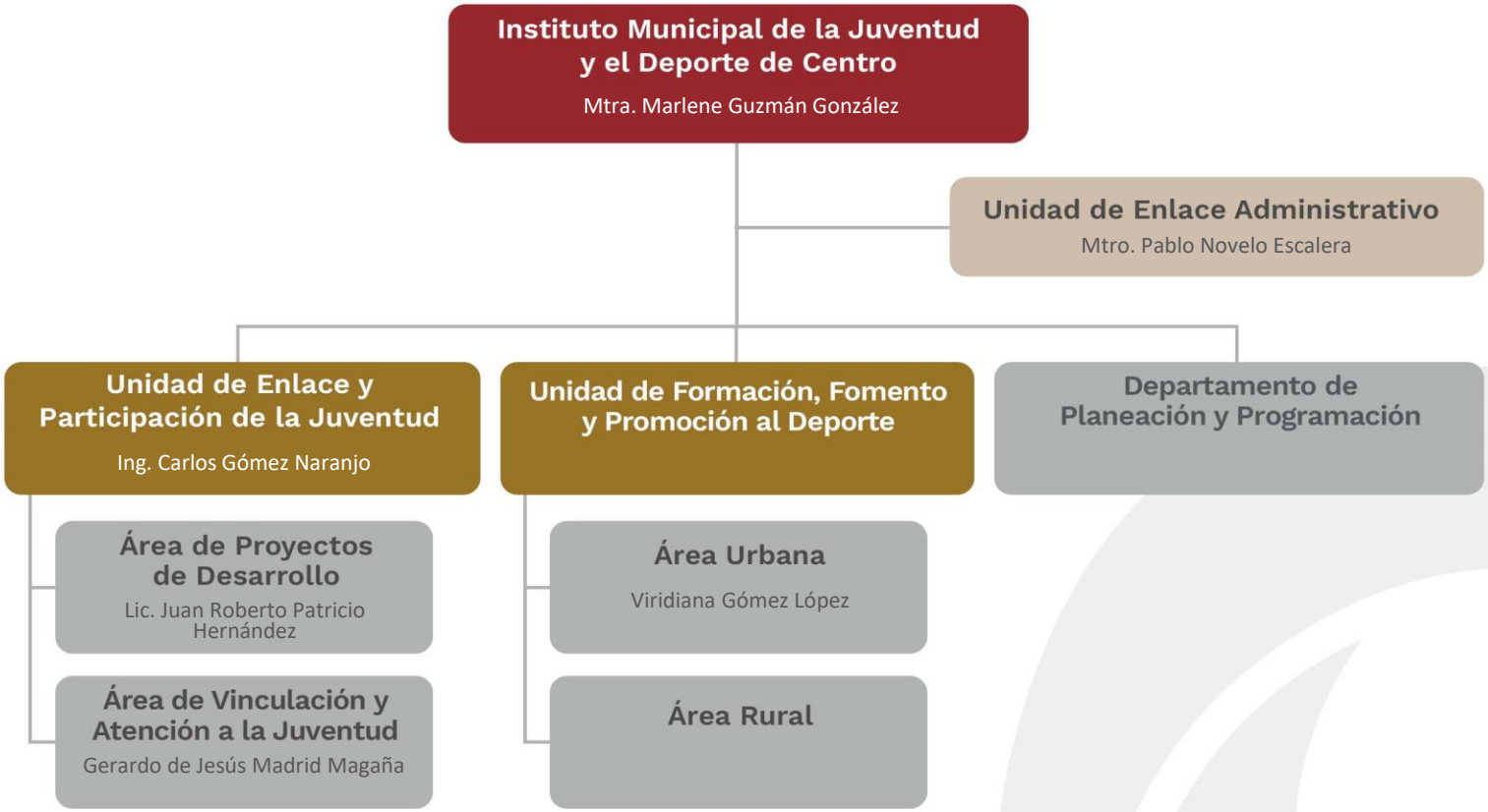Instituto Municipal de la Juventud y el Deporte de Centro